



Disability Insurance

Is your paycheck protected?

It's important to be financially prepared for the future. That's why you have insurance for your house, your car and your health. But if you're like many Americans, you don't have insurance for the one thing you use to pay for these expenses — your paycheck.

If an accident or illness prevented you from earning an income, how would you pay for your everyday expenses? You never know how long a disability could last, so it's important to have a backup plan.

Colonial Life's disability insurance can help protect your way of life by providing a monthly benefit for a covered disability.



Just over 1 in 4 of today's
20-year-olds will become
disabled before reaching age 67.

Social Security Administration, *Social Security Basic Facts*,
<https://www.ssa.gov/news/press/factsheets/basicfact-alt.pdf>
(accessed July 5, 2017)

		Weekly (48) STD Rates				
•monthly benefit amount 3 Month Benefit Period						
ELIMINATION PERIOD	ISSUE AGE	\$1,000*	\$2,000*	\$3,000*	\$4,000*	\$5,000*
7 days Accident/7 days Sickness	17-49	\$7.35	\$14.70	\$22.05	N/A	N/A
	50-64	\$8.48	\$16.95	\$25.43	N/A	N/A
	65-74	\$10.25	\$20.50	\$30.75	N/A	N/A
14 days Accident/14 days Sickness	17-49	\$4.75	\$9.50	\$14.25	\$19.00	\$23.75
	50-64	\$5.55	\$11.10	\$16.65	\$22.20	\$27.75
	65-74	\$7.15	\$14.30	\$21.45	\$28.60	\$35.75
•monthly benefit amount 6 Month Benefit Period						
ELIMINATION PERIOD	ISSUE AGE	\$1,000*	\$2,000*	\$3,000*	\$4,000*	\$5,000*
7 days Accident/7 days Sickness	17-49	\$9.30	\$18.60	\$27.90	N/A	N/A
	50-64	\$12.28	\$24.55	\$36.83	N/A	N/A
	65-74	\$15.95	\$31.90	\$47.85	N/A	N/A
14 days Accident/14 days Sickness	17-49	\$6.48	\$12.95	\$19.43	\$25.90	\$32.38
	50-64	\$8.18	\$16.35	\$24.53	\$32.70	\$40.88
	65-74	\$10.90	\$21.80	\$32.70	\$43.60	\$54.50

No matter where you are in life, a disability could prevent you from earning an income



Recent college
graduate with
first full-time job

ASHLEY

While jogging after work one evening, Ashley injured her leg. Her doctor advised her to stay off of her leg for three weeks. After using paid time off for a week, Ashley stopped receiving a paycheck.

How her disability policy helped:
Ashley used her disability benefits to help with her rent and monthly student loan payment.



New parents
living paycheck
to paycheck

EMILY & BRIAN

After having a baby, Emily went out on maternity leave. Without her income, the couple was worried about how they'd pay for everyday expenses. Fortunately, Emily purchased a disability policy from her company two years ago.

How her disability policy helped:
Emily's benefits helped the couple pay for their growing family's ongoing expenses, and they didn't have to use any of the money they'd been saving for a bigger house.



50-year-old
father of the bride

LEWIS

Lewis suffered a heart attack and had to have surgery. He needed to take an unpaid leave of absence from work to recover. During this time, he received his usual monthly bills.

How his disability policy helped:
Lewis' disability benefits helped provide him with the comfort of knowing that his bills wouldn't get in the way of giving his daughter the wedding of her dreams.

Approximately 90%
of all disabilities
are caused by illnesses
rather than accidents.

Integrated Benefits Institute, *IBI Health and Productivity Benchmarking: Long-Term Disability Program* (2017).



Your bills continue, even if your paycheck doesn't

Think about your ongoing monthly expenses — everything from your mortgage or rent to your groceries and utilities. If a disability left you without a paycheck, you might rely on savings as a backup plan, but would you have enough?

Disability insurance can help you pay for your expenses and keep you focused on what really matters — recovery.

Coverage advantages

- Benefits are payable directly to you (unless you specify otherwise), and you can use them however you'd like.
- At enrollment, you can choose the disability benefit amount to best meet your needs (subject to income).
- Benefits are payable regardless of any insurance you may have with other companies.
- Disability benefits may also be available if you return to work part time.



Meet with a benefits counselor

By attending a 1-to-1 counseling session with a Colonial Life benefits counselor, you can learn more about disability insurance and how it can help protect your paycheck and your family's way of life. Your benefits counselor can also review the rest of your insurance coverage and help you determine where you may need additional financial protection.



How much should you have in savings?

A single person with few recurring expenses and no dependents

SAVINGS = 3 MONTHS OF LIVING EXPENSES

A dual-income couple with children and recurring expenses

SAVINGS = 6 MONTHS OF LIVING EXPENSES



ColonialLife.com

Talk with your Colonial Life benefits counselor to learn more about disability insurance.

The policy or its provisions may vary or be unavailable in some states. The policy has exclusions and limitations which may affect any benefits payable. See the actual policy or your Colonial Life benefits counselor for specific provisions and details of availability.

Underwritten by Colonial Life & Accident Insurance Company, Columbia, SC
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Group Disability Insurance

Psychiatric and Psychological Benefit



For more information,
talk with your
benefits counselor.

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Although injuries and accidents are often associated with disabilities, mental disorders can also leave you unable to earn an income.

If you're disabled with a covered psychiatric or covered psychological condition, disability insurance from Colonial Life & Accident Insurance Company pays a monthly benefit that can help provide financial support while you focus on recovery.

Psychiatric and psychological benefit

- There is a maximum six-month benefit period limitation for any one occurrence of a psychiatric or psychological condition. There is a three-month benefit period limitation if you have a three-month benefit period.
- There is a 24-month cumulative lifetime maximum benefit period for all psychiatric or psychological conditions. This maximum includes a combination of total disability and partial disability occurrences.

The psychiatric and psychological benefit is only applicable when combined with the group disability base policy. The exclusions listed on the group disability base policy apply, except for the psychiatric or psychological conditions exclusion. For cost and complete details, talk with your Colonial Life benefits counselor. Applicable to policy form GDIS-P and certificate form GDIS-C (plus state abbreviations where applicable, for example: GDIS-P-EE-TX and GDIS-C-EE-TX).

COLONIAL LIFE & ACCIDENT INSURANCE COMPANY
1200 Colonial Life Boulevard, P. O. Box 1365, Columbia, South Carolina 29202
1.800.325.4368 coloniallife.com

GROUP SHORT TERM DISABILITY INSURANCE CERTIFICATE

Outline of Coverage
(Applicable to policy form GDIS-P-TN and certificate form GDIS-C-TN)

Please Read Your Certificate Carefully. This outline provides a very brief description of the important features of the Group Policy. This is not an insurance contract and only the actual policy provisions will control. The policy sets forth in detail the rights and obligations of the policyholder, you and us. The certificate describes the features of the coverage, lists any limitations or exclusions on coverage and explains how to file a claim against the coverage. It is, therefore, important that you **READ YOUR CERTIFICATE CAREFULLY.**

Disability Income Coverage. The certificate is designed to provide coverage for disabilities that result from covered accidents or covered sicknesses, subject to any limitations or exclusions. It does not provide coverage for basic hospital, basic medical-surgical or major medical expenses.

BENEFITS

Totally Disabled or Total Disability

We will pay the total disability benefit shown on the Certificate Schedule if you become totally disabled as the result of a covered accident or covered sickness while the certificate is in force.

If you are totally disabled longer than the elimination period shown on the Certificate Schedule, we will pay the total disability benefit for as long as this coverage is in force and you remain totally disabled up to the benefit period and in the amount shown on the Certificate Schedule, except for the Geographical Limitations provision in the certificate.

If benefits are payable for less than a full month, we will pay benefits in a daily amount. The daily amount is 1/30th of the monthly amount shown on the Certificate Schedule.

If you do not have a job when you become totally disabled, we will pay the total disability benefit only as long as you are kept at home and cannot perform two of five Activities of Daily Living and you are under the regular and appropriate care of a doctor. At home means in your house or yard. However, you can follow your doctor's orders even if it means leaving home.

If you become disabled because of a pre-existing condition, we will not pay for any disability if it begins during the pre-existing condition limitation period shown on the Certificate Schedule.

The disability benefit provided by the certificate terminates on the certificate anniversary date on or after you reach age 75.

Partially Disabled or Partial Disability

We will pay the partial disability benefit up to the benefit period and in the amount shown for a partial disability on the Certificate Schedule if you become partially disabled as a result of a covered accident or a covered sickness, except for the Geographical Limitations provision in the certificate.

This benefit is subject to the following conditions:

- coverage must be in force;
- you must remain partially disabled;
- the total disability benefit must have been paid for at least 14 days immediately prior to your being partially disabled; and
- for a given period of disability, you may receive either a partial disability benefit or a total disability benefit, but not both.

The disability benefit provided by the certificate terminates on the certificate anniversary date on or after you reach age 75.

Recurrent Disability

A recurrent disability will be treated as:

- a continuation of the previous disability, not a new disability, if you have returned to work for less than 6 months.
- a new disability, if you have returned to work for 6 months or more, working at least the same number of hours you were working before the previous disability began.
- a continuation of the previous disability, not a new disability, if you do not have a job and you have ceased to be disabled for less than 6 months

- a new disability, if you do not have a job and you have ceased to be disabled for 6 months or more.
- a continuation of the previous disability for any circumstances not specifically listed above.

A new disability is subject to a new elimination period, and a new benefit period applies. A disability that is considered a continuation of a previous disability is not subject to a new elimination period, and a new benefit period does not apply. Any recurrent disability caused by a pre-existing condition will not be covered if it is treated as a continuation of the previous disability.

Concurrent Disability

During any period in which you are disabled due to more than one condition, whether the conditions are related or unrelated, benefits will be paid as if you are disabled due to only one condition. In no event will your being disabled due to more than one condition extend the benefit period beyond the benefit period shown on the Certificate Schedule.

Subsequent Disability

Separate periods of disability resulting from unrelated conditions are considered a continuation of the previous disability, not a new disability, unless the following requirements are met:

- If you were employed when the previous period of disability ended:
 - The disability periods are separated by a minimum 10 calendar days;
 - During such time, you returned to work performing the material and substantial duties of your job; and
 - During such time, you were no longer qualified to receive total or partial disability benefits.
- If you were not employed, or did not return to work, when the previous period of disability ended:
 - The disability periods are separated by a minimum of 6 months;
 - During such time, you were released from the care of a doctor with no medical restrictions or limitations; and
 - During such time, you were no longer qualified to receive total or partial disability benefits.

Geographical Limitations

If you become totally disabled as the result of a covered accident or a covered sickness while you are outside the covered geographical areas and you are totally disabled longer than the elimination period shown on the Certificate Schedule, your maximum benefit period for total disability and partial disability combined while outside the covered geographical areas will be limited to 60 days. Covered geographical areas are less than 40 miles outside the territorial limits of the United States, Canada, Mexico, Puerto Rico, the Bahama Islands, the Virgin Islands, Bermuda, or Jamaica.

After the 60 day period, benefits will not be paid until you return to the covered geographical areas.

If you are still totally or partially disabled as defined in the certificate when you return from outside the covered geographical areas, we will determine your remaining applicable benefit period by subtracting the time period for which we have already paid you benefits from the benefit period shown on the Certificate Schedule. We will pay the monthly benefit amount shown on the Certificate Schedule for up to the remaining applicable benefit period.

Waiver of Premium

After you have been totally disabled or qualify for partial disability benefits as the result of a covered accident or a covered sickness for more than 90 consecutive days while the certificate is in effect, or after the elimination period shown on the Certificate Schedule, whichever is greater, we will waive the premium for the certificate and any attached rider(s) for as long as you remain disabled, up to the benefit period shown on the Certificate Schedule. You must pay all premiums to keep the certificate and any attached rider(s) in force until you have been totally disabled or qualify for partial disability benefits for 90 consecutive days while the certificate is in effect, or for the elimination period shown on the Certificate Schedule, whichever is greater.

You must send us written notice as soon as you are no longer disabled. We will assume that you are no longer disabled if:

- you do not send us satisfactory proof of loss when we request it; or
- you notify us that you are no longer disabled.

You must pay all premiums to keep the certificate and any attached rider(s) in force beginning with the first premium due after you are no longer disabled.

The Waiver of Premium Benefit does not apply to any period that you are totally or partially disabled due to an accident or sickness which is excluded by specific name or specific description in the certificate.

There is no limit to the number of times you can receive the Waiver of Premium benefit.

GENERAL EXCLUSIONS AND LIMITATIONS

Exclusions

We will not pay benefits for losses that are caused by, contributed to by or occur as result of your:

Alcoholism or Drug Addiction

Addiction to alcohol or drugs, except for drugs taken as prescribed by your doctor.

Felonies or Illegal Occupations

Committing or attempting to commit a felony or engaging in an illegal occupation.

Flying

Operating, learning to operate, serving as a crew member of or jumping or falling from any aircraft or hot air balloon, including those which are not motor-driven. This does not include flying as a fare paying passenger.

Hazardous Avocations

Engaging in hang-gliding, bungee jumping, parachuting, sailgliding, parasailing, or parakiting, or any similar activities.

Intoxicants and Narcotics

Being intoxicated or under the influence of any narcotics unless administered on the advice of your doctor.

Racing

Riding in or driving any motor-driven vehicle in a race, stunt show or speed test.

Semi-professional or Professional Sports

Practicing for or participating in any semi-professional or professional competitive athletic contest for which any type of compensation or remuneration is received.

Suicide or Injuries Which You Intentionally Do to Yourself

Committing or trying to commit suicide or your injuring yourself intentionally, whether you are sane or not.

War or Armed Conflict

Being exposed to war or any act of war, declared or undeclared, or serving in the armed forces of any country or authority.

Limitations

Giving Birth Limitation

We will not pay benefits for losses due to you giving birth within the first 9 months after the coverage effective date of the certificate as a result of a normal pregnancy, including Cesarean. Complications of pregnancy will be covered to the same extent as any other covered sickness.

Complications of pregnancy are those conditions, requiring treatment, whose diagnoses are distinct from pregnancy but are adversely affected by pregnancy or caused by pregnancy. These include, but are not limited to, acute nephritis, nephrosis, cardiac decompensation, missed abortion and similar medical and surgical conditions of comparable severity. This does not include false labor, morning sickness, hyperemesis gravidarum, and similar conditions associated with the management of a difficult pregnancy or non-elective Cesarean.

Pre-existing Condition Limitation

We will not pay for loss when the disability is a pre-existing condition as defined in the certificate, unless you have satisfied the pre-existing condition limitation period shown on the Certificate Schedule on the date you suffer a loss due to a covered accident or covered sickness. Credit toward the satisfaction of the pre-existing condition limitation period will be given for any continuous time you were covered under the pre-existing condition clause of previous coverage through another carrier if:

- you were insured under the previous coverage at the time of enrollment in the coverage provided by the certificate; and
- you were insured under the coverage provided by the certificate on the Policy Effective Date shown on the Policy Rate Schedule.

You are responsible for furnishing proof of your previous coverage, to include type of coverage, length the previous coverage was in force and the date the previous coverage terminated.

TERMINATION

Your coverage will terminate on the earliest of the following dates:

- the date the policy is terminated by the policyholder or us; or
- the end of the grace period following the premium due date we fail to receive the required premium for you; or
- the date you are no longer in an eligible class; or
- the date your class is no longer included for insurance; or
- the certificate anniversary date on or after your 75th birthday; or
- the date the next premium is due after you ask us to end your coverage.

Termination of insurance for any reason described above will not affect your rights to benefits, if any, for a disability that begins while your insurance is in force under the group policy. You are considered to be continuously disabled if you are disabled from one condition and, while still disabled from that condition, incur another condition that causes disability.