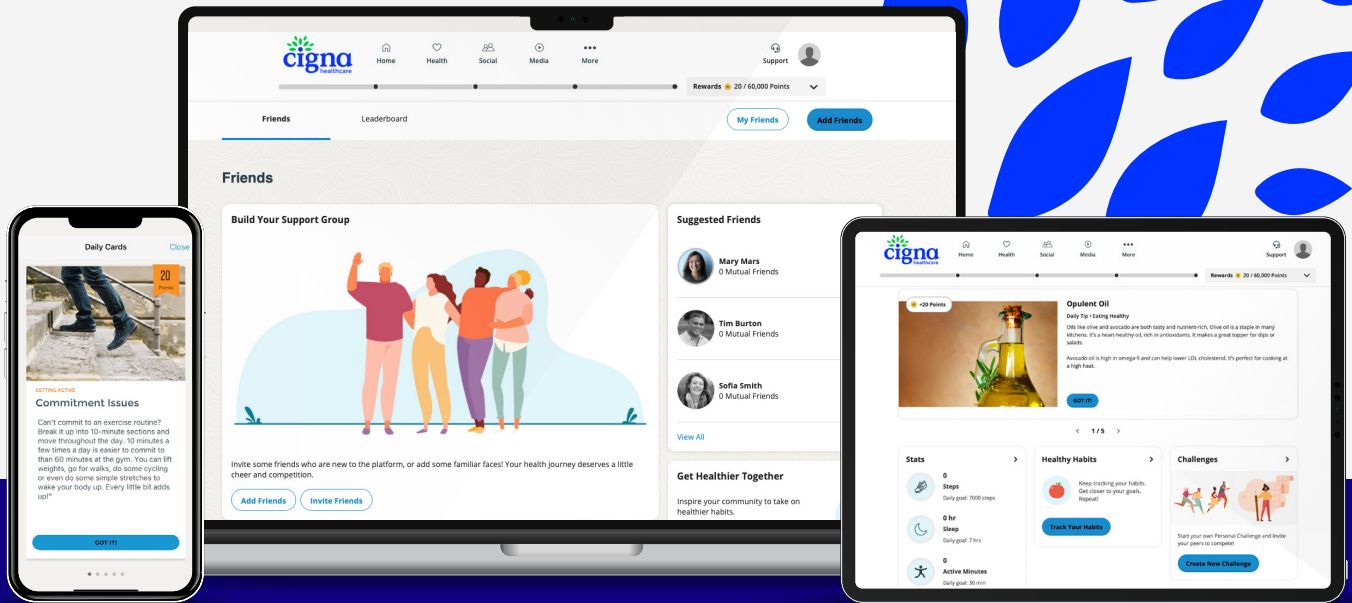
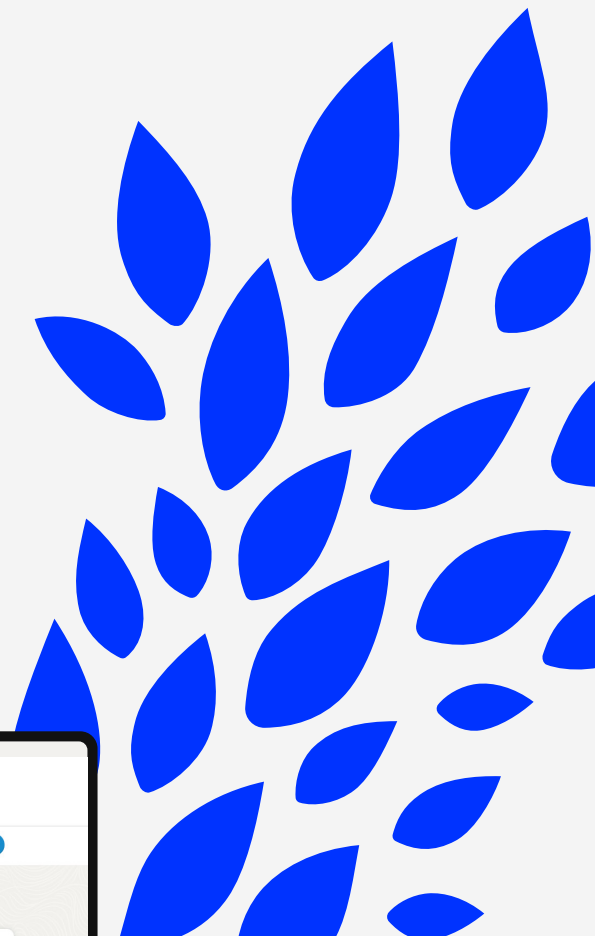




# Coming soon: The Cigna Healthcare<sup>SM</sup> Wellness Experience.



## Choose your wellness journey and earn rewards along the way.

Whether you're motivated by reducing stress, having more energy or getting more involved in your community, you can customize your goals and find the best path to get there. It's all included with your Cigna Healthcare plan — at no extra charge to you.

Our wellness experience offers various digital coaching journeys, allows you to challenge friends to healthy competition and connect your fitness tracking apps to enjoy a healthier lifestyle.



Check out this video  
and get a preview of  
what you can expect.

If you think you might be unable to meet a standard for a reward under this wellness experience, you might qualify for an opportunity to earn the same reward by different means. Log in to myCigna to request a Cigna Healthcare representative to work with you, and if you wish, with your doctor.

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