
 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call (800) 290-1368 or go to www.valuehealth.com/ba. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call (800) 290-1368 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Per plan year: Platinum and Bronze Route network providers \$5,000/individual, \$10,000/family; Platinum Route Deductibles can be waived with coordination from your DPC provider	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible?	Yes. Network Office visits, preventive care and prescription drugs are covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	Per plan year: Platinum and Bronze Route network providers \$9,100/individual, \$18,200/family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums , balance-billing charges, health care this plan doesn't cover, and penalties for failure to obtain pre-certification for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider?	Yes. First Health Network visit www.myfirsthealth.com or call (800) 226-5116 for a list of network providers . For Coordination of care with DPC call First Primary Care at (832) 737-8622 If you see a Provider Out of Network, you will be subject to a Reference Based Price with No support of balance billing and a 50% coinsurance	This plan uses a DPC and a provider network . You pay the least if you use a provider in the DPC network via the Platinum Route. You will pay the most if you use a Bronze Route Tier provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use a non-network provider for some services (such as lab work). Check with your provider before you get services.

Do you need a referral to see a specialist ?	No for the Bronze Route, Yes for the Platinum Route.	You can see the specialist you choose without a referral .
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 Bronze Route [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Platinum Route (You will pay the least)	Bronze Route (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$0 copay /visit – when coordinated or treated by DPC	50% coinsurance	Chiropractic care limited to 20 visits/calendar year, subject to applicable deductible & coinsurance . Pre-certification required for Infusion therapy or any drug above \$1,500/dose, Biologic drugs, and Chemotherapeutic drugs. Pre-certification required for Dialysis and On-going wound care. You may have to pay for services that aren't preventive . Ask your provider if the services you need are preventive . Then check what your plan will
	Specialist visit	\$25 copay /visit – when coordinated by DPC	50% coinsurance	
	Preventive care/ screening/ Immunization	No charge	No Charge	
If you have a test	Diagnostic test (x-ray, blood work)	\$0 copay /visit – when coordinated by DPC	50% coinsurance	Lab & Xray - Hospital outpatient facility: After deductible - \$150 copay Pre-certification required for Genetic Testing, radiation treatments and endoscopic procedures. Pre-certification required for EBCT, MRI, CT, PET scans (bone density studies are exempt).
	Imaging (CT/PET scans, MRIs)	\$0 copay /visit – when coordinated by DPC	50% coinsurance	
If you need drugs to treat your illness or condition. More information about prescription drug coverage visit www.drex.com or call (844) 728-3479 for questions regarding Magic Pill please call First Primary Care at (832) 737-8622 for Care Coordination	Generic drugs Magic Pill (MP)/ Non-Magic Pill (NMP)	Drugs on MP- MP/30/60/90 Day: \$0. NMP/30-Day: \$25 copay <u>Drugs Not available on MP- \$10 copay</u>		Diabetic Supplies: Diabetic Solutions, Inc. – No Charge; OR if received through Pharmacy - 50% coinsurance Experimental & investigational drugs are not covered. No coverage for Non-Network Pharmacies. All copays are listed per prescription. Step-therapy required for certain medications. Magic Pill Drugs are Internationally sourced.
	Formulary (MP/NMP)	Drugs on MP- MP/30/60/90 Day: \$0 NMP- 30 Day: \$80 copay		
	Non-Formulary Specialty drugs (MP/NMP)	Drugs on MP- MP/30/60/90 Day: \$0 30-Day: \$100 copay		

* For more information about limitations and exceptions, see the [plan](#) or policy document at www.valuehealth.com/ba.

If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$0 copay if coordinated by your DPC doctor	50% coinsurance	Male elective sterilization limited to \$1,000/lifetime. Anesthesia services subject to applicable deductible & coinsurance . Pre-certification required for outpatient surgery not performed in an office setting, Deviated Septum/Nasal surgery, Endoscopic procedures, and Epidural/facet and trigger point injections, Varicose vein ligation, on-going wound care.
	Physician/surgeon fees	\$0 copay if coordinated by your DPC doctor	50% coinsurance	
If you need immediate medical attention	Emergency room care	\$500 copay /visit, \$0 copay /visit if coordinated by your DPC doctor	50% coinsurance	Copay waived if admitted inpatient or confined under observation hours. Pre-certification required for observation stays that exceed 48 hours
	Emergency medical transportation	\$0 if requested by your DPC doctor	50% coinsurance	Transportation limited to the nearest hospital or skilled nursing facility that can provide the necessary medical treatment.
	Urgent care	\$50 copay (re-imbursed) if coordinated coordinated by your DPC Doctor	50% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	\$0 if coordinated by your DPC doctor	50% coinsurance	Pre-certification required.
	Physician/surgeon fees	\$0 if coordinated by your DPC doctor	50% coinsurance	Anesthesia services subject to applicable deductible & coinsurance
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$25 copay /visit if coordinated by your DPC doctor	50% coinsurance	None
	Inpatient services	\$0 copay /visit – if coordinated by your DPC doctor	50% coinsurance	Pre-certification required for Inpatient, Intensive Outpatient, Residential or Partial Hospitalization Treatment Programs
If you are pregnant	Office visits	No Charge	50% coinsurance	Cost sharing does not apply to certain preventive services . Depending on the type of services, deductible and coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery professional services	Same as Hospital Inpatient Professional Services	50% coinsurance	
	Childbirth/delivery facility services	Same as Hospital Inpatient Stays	50% coinsurance	

* For more information about limitations and exceptions, see the [plan](#) or policy document at www.valuehealth.com/ba

If you need help recovering or have other special health needs	Home health care	\$25 copay /visit if coordinated by your DPC doctor	50% coinsurance	Limited to 60 visits/calendar year. Pre-certification required.
	Rehabilitation services	\$25 copay /visit if coordinated by your DPC doctor	50% coinsurance	Limited to 60 visits/calendar year combined for physical therapy, speech therapy, & occupational therapy. Pre-certification required for Physical, Occupational & Speech therapies and Inpatient Rehabilitation.
	Habilitation services	\$25 copay /visit if coordinated by your DPC doctor	50% coinsurance	Limited to 30 days/calendar year. Pre-certification required.
	Skilled nursing care	\$25 copay /visit if coordinated by your DPC doctor	50% coinsurance	Pre-certification required over \$2,500 or from a non-network provider .
	Durable medical equipment	\$25 copay /visit if coordinated by your DPC doctor	50% coinsurance	Inpatient: Pre-certification required.
	Hospice services	\$25 copay /visit if coordinated by your DPC doctor	50% coinsurance	
If your child needs dental or eye care	Children's eye exam	No charge – Birth up to 19 years	No charge – Birth up to 19 years	Limited to one exam w/refractions/calendar year.
	Children's glasses	Not covered	Not covered	
	Children's dental check-up	No charge – Birth up to 19 years	No charge – Birth up to 19 years	Limited to one exam, cleaning & scaling/calendar year. X-rays excluded.

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

<ul style="list-style-type: none"> • Acupuncture • Cosmetic Surgery • Dental Care (Adult) 	<ul style="list-style-type: none"> • Infertility Treatment • Long-Term Care • Bariatric Surgery subject to Medical Necessity 	<ul style="list-style-type: none"> • Routine Foot Care • Weight Loss Programs
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Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

<ul style="list-style-type: none"> • Routine Eye Care • Chiropractic Care limited to 20 visits/calendar year 	<ul style="list-style-type: none"> • Hearing Aids (Limit \$1,500/ear every 3 years) • Non-emergency care when traveling outside the U.S. 	<ul style="list-style-type: none"> • Private Duty Nursing (Home Health only)
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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: ValueHealth Benefit Administrators, PO Box 1090, Great Bend, KS 67530, (800) 290-1368; the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at (877) 267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call (800) 318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: ValueHealth Benefit Administrators, PO Box 1090, Great Bend, KS 67530, (800) 290-1368. Additionally, a consumer assistance program can help you file your [appeal](#). Contact the Kansas Insurance Department, Consumer Assistance Division, 420 SW 9th St, Topeka, KS 66612 (800) 432-2484, www.ksinsurance.org or CAP@ksinsurance.org.

Does this plan provide Minimum Essential Coverage? Yes.

[Minimum Essential Coverage](#) generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes.

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al (800) 290-1368.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (800) 290-1368.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (800) 290-1368.

Navajo (Dine): Dinekehgo shika at'ohwol ninisingo, kwijigo holne' (800) 290-1368.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)- **NO DPC ENGAGEMENT**

- The [plan's overall deductible](#) \$5,000
- [Primary care cost sharing](#) see above
- [Hospital \(facility\) cost sharing](#) see above
- [Other cost sharing](#) see above

This **EXAMPLE** event includes services like:

[Primary care](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic test](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

Total Example Cost of Care	\$12,700
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In this example, Peg would pay:

Cost Sharing	
Deductibles	\$5,000
Copayment	\$400
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$5,460

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)- **NO DPC ENGAGEMENT**

- The [plan's overall deductible](#) \$5,000
- [Specialist cost sharing](#) see above
- [Hospital \(facility\) cost sharing](#) see above
- [Other cost sharing](#) see above

This **EXAMPLE** event includes services like:

Primary care physician office visits (*including disease education*)
[Diagnostic test](#) (*blood work*)
[Prescription drug](#)
[Durable medical equipment](#) (*glucose meter*)

Total Example Cost of Care	\$5,600
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In this example, Joe would pay:

Cost Sharing	
Deductibles	\$5,000
Copayment	\$100
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$5,120

Mia's Simple Fracture

(in-network emergency room visit and follow up care)- **NO DPC ENGAGEMENT**

- The [plan's overall deductible](#) \$5,000
- [Specialist cost sharing](#) see above
- [Hospital \(facility\) cost sharing](#) see above
- [Other cost sharing](#) see above

This **EXAMPLE** event includes services like:

Emergency room care (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

Total Example Cost of Care	\$2,800
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In this example, Mia would pay:

Cost Sharing	
Deductibles	\$2,800
Copayment	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,800