



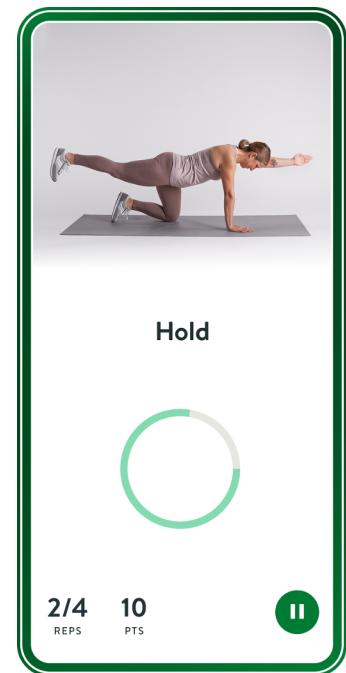
Ready, set, enroll!

Open enrollment is here.

Starting January 1, 2024, join Hinge Health for exercise therapy without leaving home. No copays. No office visits. Reduce your back and joint pain in just 15 minutes a day. Best of all, there's no cost to you — your Hinge Health benefit is 100% covered by HelloFresh.

Join Hinge Health to:

- Overcome pain or limited movement
- Recover from a recent or past injury
- Keep your joints healthy and pain free



Scan the QR code to join the waitlist!

hinge.health/hellofresh-oe

Questions? Call (855) 902-2777

Employees and dependents 18+ enrolled in a HelloFresh medical plan are eligible.

Hinge Health está disponible en español

Alivia los dolores articulares y musculares y previene las lesiones con tus beneficios de salud gratuitos. Únete ahora.