

The right care isn't always close to home.

Your travel benefit keeps you covered.



Having access to affordable, quality care is so important—but the right doctors or hospitals aren't always nearby. That's why your travel benefit is here: So you can focus on getting better. Not the hassle of getting there.

Why would I use my travel benefit?

You may need care that your state doesn't allow, such as an abortion or gender affirmation services. Or you could need medical care and a doctor or hospital isn't within 60 miles of your home. This includes inpatient and outpatient behavioral health care.

What does my travel benefit include?

You have \$10,000 of lifetime coverage when you travel for care to in-network doctors or care facilities. If you need behavioral health care, both in-network and out-of-network services will be covered.



Travel with care.

Your travel benefit covers you and, if approved, a person who is helping you with your care.



For employees and covered dependents of HelloFresh.



What is covered?

Your benefit covers the cost of getting you to and from the care you need, whether it's a consultation, testing or follow-up. This includes:

Travel

- Air fare (coach or economy) and baggage fees
- Bus fare
- Car rental
- Gasoline
- Parking
- Shuttle services
- Taxi/Uber/Lyft
- Tolls
- Train fare
- Wheelchair van service to travel from local housing to facility

Lodging

Sometimes the right care requires you to stay longer than expected. Your travel benefit covers \$50 per night for an individual or \$100 per night for an individual and a caretaker.

Eligible expenses include:

- Taxes
- Utilities: water; sewer; electric, gas, or propane for heating or cooking; and trash
- Nonrefundable fees (application, activation, cleaning, etc.)
- Furniture rental (must be pre-approved)
- Hotel or motel
- Other commercially rented lodging, such as apartments, condominiums, Ronald McDonald Houses, campgrounds, recreational vehicles or extended-stay facilities
- Rental from businesses such as Airbnb or VRBO

 **Call Cigna One Guide® at 877.501.7990 to review your coverage before traveling for care.**

How do I get reimbursed?

After traveling and the authorization is approved, you'll get a medical travel expense form in the mail. Send back the completed form and any original itemized receipts to Cigna HealthcareSM. Once received, you'll get a refund for any eligible expenses, up to your lifetime maximum.



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