

Cigna Pharmacy Management
NS-RXD
P.O. Box 3050
Easton, PA 18043-3050

Remembering to pick up your refill each month isn't easy. We have a program that can help. It's called Cigna 90 Now.

Starting January 1, 2023, your plan will include a program called Cigna 90 NowSM. Cigna 90 Now makes it easier for you to fill your maintenance medications. These are the medications you take on a regular basis to treat an ongoing health condition like asthma, diabetes, high blood pressure, or high cholesterol.

Here's how the Cigna 90 Now program works.

- **If you choose to fill a 30-day supply**, you can use any retail pharmacy in your plan's network. You have the option of switching to a 90-day supply at any time.
- **If you choose to fill a 90-day supply**,¹ you can use select in-network pharmacies that are approved to fill 90-day prescriptions.

If you choose to fill a 90-day supply, here are some of your pharmacy options.

1. **Express Scripts[®] Pharmacy, our home delivery pharmacy.**²

With just a few simple clicks of your mobile phone, tablet or computer, your important medications will be on their way to your door (or location of your choice).

To learn more, go to **Cigna.com/homedelivery**.

- **Easily order, manage, track, and pay for your medications** on your phone or online
- Standard shipping at **no extra cost**⁴
- Fill up to a **90-day supply** at one time
- **Automatic refills** or refill reminders so you don't miss a dose
- **Helpful pharmacists** available 24/7
- **Flexible payment options** if you need help paying for your medications

2. **Select in-network retail pharmacies.** Here are a few approved pharmacies you can use.⁵ You can also log into the **myCigna[®] App**⁶ or **myCigna.com**^{®7}, or go to **Cigna.com/Rx90Network**, to find a pharmacy near you.

- **CVS** (including Target and Navarro)
- **Walmart** (including Sam's Club)
- **Albertson's/Safeway**
- **Publix**
- **Winn Dixie**

A 90-day supply can help make life easier.

You'll make fewer trips to the pharmacy for refills. And you're more likely to stay healthy because with a 90-day supply on-hand, you're less likely to miss a dose.³

We're here if you need us.

Please call the number on your Cigna ID card at any time. We're here 24/7/365 to help answer any questions you have. If it's easier, you can also chat with us online on **myCigna.com**, Monday-Friday, 9:00 am-8:00 pm EST.

Sincerely,
Cigna Pharmacy Management®

1. You may be taking a medication that isn't actually available in a 90-day supply. Certain medications may only be packaged in lesser amounts. For example, three packages of oral contraceptives equal an 84-day supply. Even though it's not a "90-day supply," it's still considered a 90-day prescription.
2. Not all plans offer home delivery as a covered pharmacy option. Please log in to the myCigna App or website, or check your plan materials, to learn more about the pharmacies in your plan's network.
3. Internal Cigna analysis performed Jan 2019, utilizing 2018 Cigna national book of business average medication adherence (customer adherent > 80% Proportion Days Covered), 90-day supply vs. those who received a 30-day supply taking antidiabetics, blood pressure medications, and statins.
4. Standard shipping costs are included as part of your prescription plan.
5. Participating Cigna 90 Now pharmacies as of January 1, 2023. Subject to change.
6. The downloading and use of the myCigna App is subject to the terms and conditions of the App and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply. Actual App features available may vary depending on your plan and individual security profile.
7. Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.

Para obtener ayuda en español llame al número en su tarjeta de Cigna.

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