



Supports for Your Family & Career

Your Many Benefits Include:

Back-Up Child, Adult, and Elder Care: Don't stress about school breaks, bad weather, or when your elder loved one is recovering from surgery. Reserve high-quality child care in a center, or in-home care for your child, adult, or elder relatives.

Support your family with up to 10 days annually of back-up child and adult/elder care at no cost to you.

Virtual Tutoring: You can use your *Bright Horizons Back-Up Care*™ benefit to schedule time with an experienced tutor to help your 5-18-year-old stay on track academically. Each back-up care use can be exchanged for 4 hours of virtual tutoring. Simply submit a tutoring request through your back-up care site and then schedule the days and times that work best for your family.

Care for the Whole Family: Easily find sitters, elder care, and pet care (your membership fee to the database is waived); jump ahead on the waitlist or enjoy discounts at participating child care centers. Plus, access discounts on a local, high-touch placement service of trained, screened nannies.

Pet Care: Access pet care services such as walkers, sitters, daycare, overnight boarding, and more through your *Bright Horizons Back-Up Care*™ benefit. Exchange back-up care days for \$150 credit to Rover – the industry-leader in pet care.

Start Today

Visit <https://clients.brighthorizons.com/hellofresh>

If Prompted: **Employer Username:** hellofresh | **Password:** hfcares

Download the App: Search "back-up care" in the App Store or Google Play

Questions? Call 877-BH-CARES (242-2737)

