

Highmark Companies
401(k) Profit Sharing Plan and Trust

Annual Statement of Disclosures

General Plan Information

Excessive Trading.

While the plan permits you to change the investment of your balance each day, it is not designed or intended to be a brokerage account or trading account. Trading in and out of funds on a daily basis can disrupt appropriate management of the plan's investment options and causes increased transactional costs and losses to participants who do not engage in such activity. In the event that a participant engages in excessive trading, the plan may restrict the number of transactions that the participant may engage in. Alternatively, the plan or the manager of the investment option may impose a fee for such trading. Please see the Investment Comparative Chart for details on the excessive trading rules for each of the plan's investment options.

Voting and Tender Rights.

You do not have the right to exercise voting, tender, and similar rights related to the plan's investment options. These rights will be exercised by the Plan Sponsor.

Your Right to Direct Investments.

The plan offers a menu of investment options that allow you to create a diversified portfolio that meets your individual needs. You are able to elect how your account balance and future contributions are invested among the plan's investment options. This election can be made through the plan's website at www.yourplanaccess.net/nwps or through the voice response system at 877.410.9984, Provider ID 6789.

Administrative Expenses

Estimated Plan Expenses Rate.

It is estimated that your account will be charged 0.49% to pay the Plan Expenses. This estimate is based on the expected charges that will be incurred by the plan and the amount of these charges that have been historically paid by the Plan Sponsor or from a portion of the Total Annual Operating Expenses of the plan's investment options.

Plan Fees Charged Against Assets.

The plan incurs expenses and fees for services such as investment advisory, trustee, custodial, administration, auditing, recordkeeping, government reporting, employee communications, bonding and other insurance, travel, mail, courier communications, and printing and other charges described in the prospectuses for the investment funds. These fees are paid directly to the service providers. The Plan Sponsor may choose to pay some of these fees, but is under no obligation to do so. These fees are charged to all participants with a balance in the plan based on their proportional share of the plan's assets. Some fees may be paid from a portion of the Total Annual Operating Expenses of the investment options shown on the Investment Comparative Chart.

Individual Expenses

Distribution Fee.

This fee is charged to any participant that requests a distribution from the plan. The fee is \$75.00.

Loan Initiation.

This fee is charged to any participant that elects to take a loan from the plan. The fee is \$160.00.

QDRO Fee.

This fee is charged to any participant whose account is subject to a QDRO. The fee is \$150.00.

Search Fee.

This fee is charged to a participant who cannot be located and an address search is performed. The fee is \$15.00.

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Investment Comparative Chart

This document includes important information to help you compare the investment options under your retirement plan. For more information regarding contents of this notice please contact your Plan Administrator, Courtney Akers, at (919) 779-3055 or by mail at PO Box 5459, Cary, NC 27512.

Additional investment information including more performance information is available at the website addresses shown below. To request and obtain paper copies of the information available on those websites please contact the Plan Administrator.

Keep in mind that the cumulative effect of fees and expenses can substantially reduce the growth of your retirement savings, but is only one of many factors to consider when you decide to invest in an option. Visit the Department of Labor's website for an example of the long-term effect of fees and expenses at:

<https://www.dol.gov/agencies/ebsa/key-topics/retirement/retirement-plan-fee-disclosures>

Performance and Expense Information

The table below shows how plan investment alternatives have performed over time and allows you to compare them with an appropriate benchmark for the same time periods. Past performance does not guarantee how the investment option will perform in the future. Your investment in these options could lose money. Information about an option's principal risks is available on the Website(s). A glossary of terms used in this notice may be found at:

<http://www.nwpsbenefits.com/glossary-of-investment-related-terms/>

Plan Investment (Inception Date) Benchmark Fund Information Link	Avg. Annual Total Returns As of 09/30/2022			Annual Gross/Net Expense Ratio		Trade Restriction
	1yr.	5yr.	10yr./Life	As a %	Per \$1,000	
Stable Value / Money Market						
Galliard Retirement Income Fund CI 35 (01/01/1998) <i>Morningstar US Cash T-bill TR USD</i> http://www.schwabplan.com/FundDetail/WGI35.pdf	1.47 %	1.79 %	1.74 %	0.30%/0.30%	\$3.00/\$3.00	N/A
	0.66 %	1.10 %	0.64 %	N/A	N/A	
Fixed Income						
PIMCO Income Fund Instl (PIMIX) (03/30/2007) <i>Morningstar US Core Bd TR USD Hdg</i> http://www.pimco.com	-10.70 %	1.24 %	4.05 %	0.51%/0.51%	\$5.10/\$5.10	N/A
	-14.54 %	-0.28 %	0.86 %	N/A	N/A	
Vanguard Interm-Term Bond Index Adm (VBILX) (11/12/2001) <i>Morningstar US Core Bd TR USD Hdg</i> http://www.vanguard.com	-15.24 %	0.09 %	1.20 %	0.07%/0.07%	\$0.70/\$0.70	1
	-14.54 %	-0.28 %	0.86 %	N/A	N/A	
Balanced						
American Funds Moderate Gr & Inc R-6 (RBAGX) (05/18/2012) <i>Morningstar Moderate Target Risk TR USD</i> http://www.americanfunds.com	-15.79 %	4.23 %	6.77 %	0.33%/0.33%	\$3.30/\$3.30	N/A
	-18.20 %	2.95 %	5.17 %	N/A	N/A	
Target Date Funds						
T. Rowe Price Retirement 2005 I (TRPFX) (09/29/2015) <i>Morningstar Lifetime 2010 TR USD</i> http://www.troweprice.com	-15.56 %	2.57 %	*4.33 %	0.34%/0.34%	\$3.40/\$3.40	2
	-15.80 %	2.48 %	3.17 %	N/A	N/A	
T. Rowe Price Retirement 2010 I (TRPAX) (09/29/2015) <i>Morningstar Lifetime 2010 TR USD</i> http://www.troweprice.com	-15.93 %	2.85 %	*4.78 %	0.34%/0.34%	\$3.40/\$3.40	2
	-15.80 %	2.48 %	3.17 %	N/A	N/A	
T. Rowe Price Retirement 2015 I (TRFGX) (09/29/2015) <i>Morningstar Lifetime 2015 TR USD</i> http://www.troweprice.com	-16.26 %	3.18 %	*5.34 %	0.36%/0.36%	\$3.60/\$3.60	2
	-17.52 %	2.43 %	3.27 %	N/A	N/A	

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	T. Rowe Price Retirement 2020 I (TRBRX) (09/29/2015) <i>Morningstar Lifetime 2020 TR USD</i> http://www.troweprice.com	-16.66 %	3.56 %	*6.01 %	0.37%/0.37%	
T. Rowe Price Retirement 2025 I (TRPHX) (09/29/2015) <i>Morningstar Lifetime 2025 TR USD</i> http://www.troweprice.com	-17.65 %	3.94 %	*6.61 %	0.39%/0.39%	\$3.90/\$3.90	2
T. Rowe Price Retirement 2030 I (TRPCX) (09/29/2015) <i>Morningstar Lifetime 2030 TR USD</i> http://www.troweprice.com	-19.10 %	4.19 %	*7.06 %	0.41%/0.41%	\$4.10/\$4.10	2
T. Rowe Price Retirement 2035 I (TRPJX) (09/29/2015) <i>Morningstar Lifetime 2035 TR USD</i> http://www.troweprice.com	-20.46 %	4.37 %	*7.42 %	0.42%/0.42%	\$4.20/\$4.20	2
T. Rowe Price Retirement 2040 I (TRPDX) (09/29/2015) <i>Morningstar Lifetime 2040 TR USD</i> http://www.troweprice.com	-21.49 %	4.57 %	*7.74 %	0.43%/0.43%	\$4.30/\$4.30	2
T. Rowe Price Retirement 2045 I (TRPKX) (09/29/2015) <i>Morningstar Lifetime 2045 TR USD</i> http://www.troweprice.com	-21.88 %	4.73 %	*7.91 %	0.44%/0.44%	\$4.40/\$4.40	2
T. Rowe Price Retirement 2050 I (TRPMX) (09/29/2015) <i>Morningstar Lifetime 2050 TR USD</i> http://www.troweprice.com	-22.06 %	4.70 %	*7.88 %	0.45%/0.45%	\$4.50/\$4.50	2
T. Rowe Price Retirement 2055 I (TRPNX) (09/29/2015) <i>Morningstar Lifetime 2055 TR USD</i> http://www.troweprice.com	-22.15 %	4.69 %	*7.85 %	0.46%/0.46%	\$4.60/\$4.60	2
T. Rowe Price Retirement 2060 I (TRPLX) (09/29/2015) <i>Morningstar Lifetime 2060 TR USD</i> http://www.troweprice.com	-22.08 %	4.69 %	*7.83 %	0.46%/0.46%	\$4.60/\$4.60	2
T. Rowe Price Retirement 2065 I (TRFKX) (10/13/2020) <i>Morningstar Lifetime 2060 TR USD</i> http://www.troweprice.com	-21.92 %	N/A	*-1.10 %	0.46%/0.46%	\$4.60/\$4.60	2
Domestic Equity						
American Century Mid Cap Value R6 (AMDVX) (07/26/2013) <i>Morningstar US Mid Core TR USD</i> http://www.americancentury.com	-6.67 %	5.32 %	10.25 %	0.62%/0.62%	\$6.20/\$6.20	N/A
Goldman Sachs Small Cap Eq Insights R6 (GCSUX) (07/31/2015) <i>Morningstar US Small Cap TR USD</i> http://www.gsamfunds.com	-22.42 %	3.07 %	8.34 %	0.92%/0.83%	\$9.20/\$8.30	3
JPMorgan Mid Cap Value R6 (JMVYX) (09/09/2016) <i>Morningstar US Mid Core TR USD</i> http://www.jpmorganfunds.com	-9.77 %	5.00 %	9.26 %	0.73%/0.65%	\$7.30/\$6.50	4
JPMorgan Small Cap Growth R6 (JGSMX) (11/30/2010) <i>Morningstar US Small Growth TR USD</i> http://www.jpmorganfunds.com	-31.80 %	8.16 %	11.76 %	0.74%/0.74%	\$7.40/\$7.40	5
MFS Growth R6 (MFEKX) (08/26/2011) <i>Morningstar US Large Growth TR USD</i> http://www.mfs.com	-28.22 %	10.29 %	12.65 %	0.50%/0.49%	\$5.00/\$4.90	6

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T Rowe Price Diversified Mid-Cap Growth (PRDMX) (12/31/2003) <i>Morningstar US Mid Core TR USD</i> http://www.troweprice.com	-26.17 %	8.58 %	11.48 %	0.79%/0.79%	\$7.90/\$7.90	2
Vanguard 500 Index Adm (VFIAX) (11/13/2000) <i>Morningstar US Large Cap TR USD</i> http://www.vanguard.com	-15.51 %	9.20 %	11.66 %	0.04%/0.04%	\$0.40/\$0.40	1
Vanguard Small Cap Value Index Adm (VSIAX) (09/27/2011) <i>Morningstar US Small Value TR USD</i> http://www.vanguard.com	-13.56 %	4.42 %	9.46 %	0.07%/0.07%	\$0.70/\$0.70	1
Vanguard Value Index Adm (VVIAX) (11/13/2000) <i>Morningstar US Large Value TR USD</i> http://www.vanguard.com	-6.64 %	7.06 %	10.48 %	0.05%/0.05%	\$0.50/\$0.50	1
International / Global Equity						
American Funds EuroPacific Gr R6 (REGX) (05/01/2009) <i>Morningstar Global Markets ex-US GR USD</i> http://www.americanfunds.com	-32.85 %	-0.23 %	4.52 %	0.46%/0.46%	\$4.60/\$4.60	N/A
Invesco Developing Markets Y (ODVYX) (09/07/2005) <i>Morningstar Emerging Markets GR USD</i> http://www.invesco.com/us	-35.38 %	-3.32 %	0.85 %	0.95%/0.95%	\$9.50/\$9.50	N/A

Fund Note and Restriction Descriptions:

*: Performance provided is Life of Plan Investment as the Plan Investment has been in existence for less than 10 years.

1: Market Timing Restriction. A sell transaction of \$1 or greater will result in a block from making a purchase transaction of \$1 or greater for the next 30 days.

2: Market Timing Restriction. A sell transaction of \$5,000 or greater will result in a block from making a purchase transaction of \$5,000 or greater for the next 30 days.

3: Market Timing Restriction. Allowed 1 sell transaction in the amount of \$1 or greater followed by 1 purchase transaction of \$1 within 90 days of the sell transaction. The second round trip in the same 90 day period will be allowed but cause a subsequent purchase block for the next 365 days.

4: Market Timing Restriction. Allows 1 sell transaction in the amount of \$1 or greater followed by 1 purchase transaction of \$1 or greater within 60 days of the sell transaction. Any subsequent sell within the 60 days of the initial sell transaction will trigger a block on any purchase back into the fund for 90 days.

5: Market Timing Restriction. Allowed 1 sell transaction in the amount of \$1 or greater followed by 1 purchase transaction of \$1 within 60 days of the sell transaction. The second round trip in the same 60 day period will be allowed but cause a subsequent purchase block for the next 90 days.

6: Market Timing Restriction. Allowed 1 round trip of 1 sell transaction in the amount of \$15,000 or greater followed by a purchase transaction of \$15,000 within 90 days of the sell transaction. Any additional sell transaction of \$15,000 or greater followed by a purchase transaction within the same 90 day period will have the purchase transaction blocked.