

FIND A HEALTH CARE PROFESSIONAL

Better value. Better together.

With a growing nationwide PPO network of more than 840,000 health care professionals and more than 6,000 facilities, Cigna offers you a range of quality choices to help you stay healthy.

Three ways to find what you need

There are three ways to find a network health care professional:

- If you're already enrolled, visit **myCigna.com** and log in using your User ID and Password.
- Visit **Cigna.com** and click "Find a Doctor." Be sure to select the "PPO, Choice Fund PPO" network.
- Call your Third Party Administrator during business hours.

Features on **myCigna.com** allow you to:

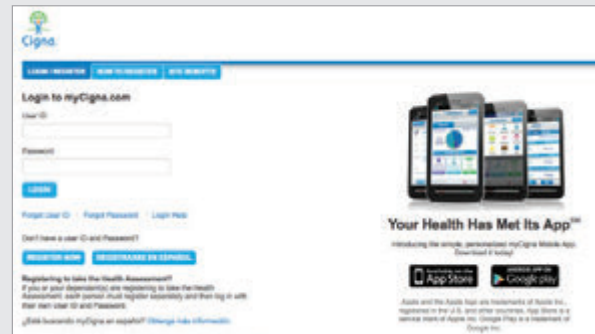
- Narrow your results by distance, specialty and more.
- Email a copy of your search results.
- Find doctors in 22 different medical specialties, who meet certain quality and cost-efficiency measures and have been awarded the Cigna Care Designation.
- Estimate procedure costs based on Cigna's historical data.

Cigna's extensive PPO Network gives you access to qualified health care professionals. Your good health is important, and we're here to help.

If you're looking for a mental health or substance abuse professional, visit **CignaBehavioral.com**. On the "Members" page, select "Find a Therapist/Psychiatrist". You do not need to type in an "Employer ID."

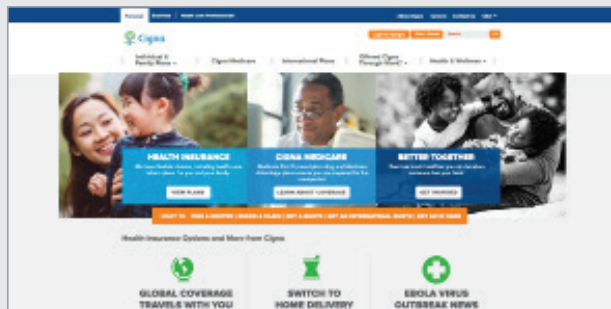
Option 1

Log in to **myCigna.com**



Option 2

1. Visit **Cigna.com** - click on "Find a Doctor" (upper right).
2. On the next page, click on "If your insurance plan is offered through work or school..." (large orange box)
3. Click "Pick" (small pink box)
4. Click "PPO, Choice Fund PPO" in the pop-up box.



Together, all the way.®



Quality designations, cost-efficiency and other ratings reflect a partial assessment of quality and cost-efficiency and should not be the sole basis for decision-making. They are not a guarantee of the quality of care that will be provided to individual patients. You are encouraged to consider all relevant factors and consult with your physician when selecting a health care professional or facility. Health care professionals and facilities that participate in the Cigna network are independent contractors solely responsible for the care and services provided to their patients. They are not agents of Cigna.

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