



by earning Points when they do "kid" things — like playing on a soccer team — or when you do other activities that that are good for their health — like get their shots, screenings or health assessments.

## Your kids can earn Go365 Points, good toward your family's total

When your kids (dependents under 18) are part of your Go365 program, you'll earn Go365 Points that contribute to your family's overall Go365 Point total and Go365 Status.

# **Activity**

#### **Points**



### **Heath Assessment**

The Kids Health Assessment covers a child's physical activity, nutrition, lifestyle, and wellbeing. You get a better understanding of your children's current health and the areas that need improvement. Points are not awarded for Kids Health Assessment completion.



## **Prevention** (up to 500/per program year per child)

Kid's preventive care visit	200
Kid's dental exam	<b>100</b> (up to 200/program year)
Kid's vision exam	100
Kid's immunizations	100
Kid's flu shot	100
Fitness	



Kid's sports league	<b>100 each</b> (up to 200/program year)
Kid's athletic events	<b>50 each</b> (up to 200/program year)

Children can contribute up to a maximum of 1,000 Go365 Points per program year.



Your kids learn about being

When you take a walk with your kids,

make a healthy meal together or get tests they need to stay healthy, you

show them how important it is to take

healthy from you

care of their health.

Go365 is not an insurance product. Not available with all Humana health plans.

We are committed to helping you achieve your best health. Rewards for participating in Go365 are available to all members. If you think you might be unable to meet a standard for a Go365 reward, you might qualify for an opportunity to earn the same reward by different means. Sign in to your Go365.com account and visit the Communication center to send us a secure message and we will work with you (and, if you wish, with your health care practitioner) to develop another way to qualify for the reward.

Discrimination is Against the Law

Go365, LLC complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-877-320-1235 (TTY: 711). ATENCIÓN: habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-320-1235 (TTY: 711). 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電1-877-320-1235 (TTY: 711).