

# Responsible Steps Program

## Trying Proven Drugs First

### Frequently Asked Questions

#### What does Responsible Steps mean?

Responsible Steps is commonly referred to as Step Therapy. Step Therapy is the practice of beginning drug therapy for a medical condition with the most cost-effective and safest drug and then progressing to other more costly drugs, only if necessary.

#### Why does my prescription drug plan require that I try certain drugs first?

Some drugs have FDA approved alternative drugs that have been proven effective and cost less. Your plan's Responsible Steps program promotes the safe and effective use of these medications: helps reduce accidental misuse and health risks, and helps save you money on your prescriptions.

#### What will happen when I fill my prescription at the pharmacy?

When the pharmacist enters your prescription into the system, it automatically checks your claim history before authorizing the

pharmacy to fill the prescription. If you've tried the alternative drugs and your doctor still wants you to use one of the drugs listed in the program, the prescription will be filled. If you haven't tried the alternatives, the pharmacy will ask you to discuss it with your doctor. The doctor can either prescribe an alternative or request an exception from us.

#### How can I make sure my medication is covered before I go to the pharmacy?

When your doctor gives you a prescription, ask for a generic drug. Most generic drugs are covered automatically. Before you go to the pharmacy, you can use your mobile phone or computer to look up drugs online at [floridablue.com](http://floridablue.com). You can look up a drug; see if a drug is covered, tell if the drug requires an approval before it's covered, and compare prices at different pharmacies!

#### What are the Responsible Steps medications that have alternative drugs that must be tried first?

<b>A</b> Accupril Accuretic Aceon Aciphex Aciphex sprinkles Actonel Actos Actoplus Met Actoplus Met XR Adoxa Adoxa CK Adoxa TT Advicor Alendronate 40mg Alodox Altace Altoprev Ambien Ambien CR Amturnide Antara Aplenzin Atacand Atacand HCT Atelvia Avalide Avandamet Avandaryl Avandia Avapro Avidoxy Avidoxy DK Avodart Azor	<b>B</b> Benconase AQ Benicar Benicar HCT Binosto Boniva Brintellix Bydureon Byetta <b>C</b> Cambia Celebrex (COX-2 inhibitor) Celexa Clarinet Clarinet-D Cloderm cream/cream with pump 0.1% Cozaar Crestor Cutivate ointment 0.005% Cutivate cream/ lotion 0.05% Cymbalta <b>D</b> Daliresp Dexilant Desonate gel 0.05% Diovan Diovan HCT Doryx Doxycycline single source branded products Doxycycline Hyclate Duetact	Duexis Dymista Dynacin <b>E</b> Edarbi Edarbyclor Edluar Effexor XR Elidel Exforge Exforge HCT <b>F</b> Farxiga Fenofibric Acid Fenoglide Fetzima Fibricor Flector Flonase Flunisolide Fluoxetine 60mg Forfivo XL, Fosamax Fosamax Plus D <b>G</b> Gel-One Glucose test strips (non-preferred brands) Gralise <b>H</b> Horizant Hyalgan Hyzaar <b>I</b> Intermezzo Invokana	<b>J</b> Jalyn Janumet Janumet XR Januvia Jentaduo Juvisync <b>K</b> Kazano Khedezla Kombiglyze XR <b>L</b> Lescol Lescol XL Lexapro Lipitor Lipofen Liptruzet Livalo Locoid cream/ lotion/ointment/ solution 0.1% Locoid lipo cream 0.1% Lofibra Lopid Lotensin Lotensin HCT Lotrel Lunesta Luvox CR Luxiq Foam 0.12% Lyrica <b>M</b> Maprotiline Mavik Mevacor Micardis	Micardis HCT Minocin Minocin PAC Minocin pellets Minocycline ER Mirtazipine 7.5 Monodox <b>N</b> Nasacort AQ Nasonex Nessina Nexium <b>O</b> Oleptro omeprazole/ sodium bicarbonate Olux/Olux-E Aerosol 0.05% Olux/Olux-E Complete Pack Omnaris Onglyza Oracea Oral Contraceptives - Brands Oraxyl Orthovisc Oseni <b>P</b> Paxil Paxil CR Pennsaid Periostat Pexeva Pravachol Prevacid Prilosec Prinivil	Prinzide Pristiq Proscar Protonix Protopic Prozac <b>Q</b> Qnasl <b>R</b> Rabeprazole Remeron Remeron SolTab Rhinocort Aqua Rozerem <b>S</b> Savella Semprex Silenor Simcor Sonata Solodyn Supartz <b>T</b> Tarka Tekamlo Tekturna Tekturna HCT Teveten Teveten HCT Topicort spray 0.25% Tradjenta Tribenzor Tricor Triglide Trilipix Twynsta	<b>U</b> Uniretic Univasc <b>V</b> Valsartain/HCTZ Valturna Vanos cream 0.1% Vasertic Vasotec Venlafaxine ER tabs Veramyst Verdeso Aerosol 0.05% Vibramycin Victoza Viibryd Vimovo Voltaren Gel <b>Vytorin</b> <b>W</b> Wellbutrin Wellbutrin SR Wellbutrin XL <b>X</b> Xyzal <b>Z</b> Zegerid Zestoretic Zestril Zetia Zetonna Zipsor (diclofenac products) Zocor Zolof Zolpimist Zorvolex
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