



Navigating your health and benefits is easy. Just ask Accolade.

You and your family can ask Accolade for help with health and benefits questions, big or small. Connect with an Accolade Health Assistant who will take the time to get to know you and understand your needs, while partnering with a team of doctors, nurses and benefits specialists to help support you each step of the way and guide you to the right care.

Accolade is a confidential health and benefits service administered by your Humana health plan at no cost to you.

A Health Assistant can answer questions like:



Is this procedure going to be covered?



What questions should I ask my doctor?



I was just diagnosed with diabetes - now what?



Why was I billed for this test?



Can you help me find an in-network provider?



What programs are available to me?

"[My Accolade Health Assistant and nurse] were very informative, friendly, and thorough. As someone who does not have a lot of time to call a bunch of doctor's offices or determine who is within my network it is nice to have a service like Accolade to assist to make sure I am maximizing my medical benefit!" — Accolade member

Call or message a Health Assistant today. Visit humana.accolade.com or text GWFF to 67793 download the Accolade mobile app.*







*Message and data rates may apply. Visit accolade.com for privacy policy.

Accolade does not practice medicine or provide patient care. We are an independent resource to support and assist you as you use the healthcare system and receive medical care from your own doctors, nurses and healthcare professionals. If you have a medical emergency, please contact 911 immediately. All rights reserved.

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