



## DID YOU KNOW?...

Your plan has implemented a FREE program for you. AIMM Total Health Management Program offers all members the following services:

1. **Nurse on Call**: When you just have a question or if you are unsure about which type of doctor to visit, or you just want some medical advice, our Nurse on Call service is available to you 24/7/365 even holidays at no cost. **CALL 877-217-7695**
2. **Case Management**: For any member who experiences a serious health condition, a Registered Nurse is available to assist you in locating a health care provider, to provide information, education and access to the latest research findings, and to help your health care providers navigate the insurance system. **CALL 877-217-7695**  
*\*Nurses will initiate a phone call to the employee's home when notified of a serious illness, diagnosis or scheduled procedure. Participation is optional.*
3. **Maternity Management** Program: If you are pregnant, or trying to become pregnant, the Registered Nurse at AIMM can provide you with information, resources, and support to ensure that you have as healthy a pregnancy and baby as possible. **CALL 877-217-7695**
4. **Pre-Certification**: This service is in place to help you choose the most effective treatment options based on clinical research and clinical standards of care prior to a surgery, medical procedure, or hospitalization. **CALL 877-217-7695**

We have determined that effective management of health requires an active partnership between the plan and the members. To do so, we believe that members need education, access, and guidance to maintain wellness and to access quality health care.

Thank you for your support and involvement as we initiate these new services. We strongly encourage your active participation – for your health, and ours!