



Live your life, enjoy your life

A guide to using your
OptumRx™ Pharmacy
Benefit Services.



Welcome to your OptumRx™ Pharmacy Benefit Services

Get the most out of your pharmacy benefit services

Access

- ▶ We provide access to a wide variety of U.S. Food and Drug Administration (FDA) approved prescription medications.

Choices

- ▶ Our programs and tools are designed to help you make informed decisions about your choice of prescription medications and pharmacy products.
- ▶ The more you know about what choices are available, the better you can decide what is best to meet your needs.

Choose a pharmacy that's in your network

- ▶ You have access to approximately 64,000 retail pharmacies in our network. Select the option that is best for you.¹
- ▶ Be aware that filling your prescriptions outside our network of pharmacies may increase your cost and your prescriptions may not always be covered.

Find a pharmacy

- ▶ Log into myuhc.com[®], click "*Pharmacies and Prescriptions*," and select "*Locate a Pharmacy*."
- ▶ Or call the toll-free member phone number on the back of your health plan ID card and a representative can help you.

What you pay

- ▶ Simply show your health plan ID card to the pharmacist. Your pharmacist will tell you how much you owe for the prescription.
- ▶ Or log on to myuhc.com, to price your medication.



**Our Network:
Approximately
64,000 pharmacies**

1. Our network of retail pharmacies includes both chain and independent stores located across the United States.



The right medications for you



Log on to myuhc.com to look for potential lower-cost alternatives and helpful resources.



Call the OptumRx™ Specialty Pharmacy at 888-739-5820.



Make informed decisions

UnitedHealthcare Prescription Drug List (PDL)

The PDL includes most brand and generic prescription medications approved by the FDA. Medications are placed on different “tiers” based on our evaluation about their overall value. Tier 1 is the lowest-cost tier option. When selecting a medication, you and your doctor should consult the PDL.

Specialty medications

Specialty medications for most plans are managed through our specialty pharmacy program. Take advantage of personalized support designed to help you get the most out of your treatment plan. Our specialty pharmacy program also offers on-call pharmacists available 24 hours a day, information about lower-cost medication options and additional resources. Call the OptumRx Specialty Pharmacy at 888-739-5820 to learn more.

Want to learn more about specific medications?

- ▶ Log on to myuhc.com and click “*Pharmacies and Prescriptions*” or “*Manage My Prescriptions*” to access drug information.

Save money

Look for potential lower-cost alternatives

Log on to myuhc.com to look for your lowest-cost options. Ask your doctor if a lower-cost alternative medication may be right for you.

Generic options

Approximately 75% of brand medications have generic equivalents available. Generics contain the same active ingredients (the chemicals that make a medication work) as brand medications. Generic medications must meet the same FDA brand medication standards.



Try the OptumRx™ Mail Service Pharmacy – you may save money, and it’s convenient

With the OptumRx Mail Service Pharmacy you’ll get:

The opportunity to save money and time

- ▶ Depending on your benefit plan, you may save money by having your doctor prescribe a 3-month supply of medication. Your medications are mailed to you with standard shipping at no cost to you.

Advanced quality checks

- ▶ Your prescription claim history on file is reviewed by a pharmacist to look for drug combinations that may not be appropriate to be taken together.

24/7 access to pharmacists

- ▶ Call **1-800-788-4863** and speak with a pharmacist

Follow these simple steps

Step 1 – Talk to your doctor

Get the right prescription

Request up to a 3-month supply, with refills for up to one year (if appropriate).

Step 2 – Pass your information to the mail service pharmacy

By fax or electronically:



- Your physician can call 1-800-788-4863 for instructions to fax prescription(s) directly to OptumRx Mail Service Pharmacy (NOTE: Faxed prescriptions can only be accepted from your physician’s office)
- Ask your doctor to send immediately by using ePrescribe



Online:

- Log on to myuhc.com
- Click on “Manage my Prescriptions”
- Select “Transfer Prescriptions” and select the medications you would like to transfer to mail service.



By mail:

- Ask your doctor for a new prescription for up to a 3-month supply, plus refills for up to one year (if appropriate)
- Go to myuhc.com and download an order form
- Mail the new prescription and order form² to the address provided.

Note: Most prescriptions arrive within 7 days from the date your completed order is received. If you need your medication right away, ask your doctor to write a prescription for a 1-month supply that can be immediately filled at a participating retail pharmacy.

2. The information you supply on the order form is kept confidential in accordance with applicable laws, and the health and allergy information you provide helps the pharmacist check for possible problems with some medications.



Information when you need it



Log on to myuhc.com.

You can access tools to help you get the most out of your pharmacy benefit. It's convenient and secure.

Get to know myuhc.com

Access the tools and information you need, any time:

- ▶ Locate participating retail pharmacies by ZIP code.
- ▶ View information about possible lower-cost medication alternatives.
- ▶ Compare medication prices and options.
- ▶ Manage your mail order account.
- ▶ View your prescription history.
- ▶ Access drug information.
- ▶ Set up email or text message reminders to take medications and order refills.

Mobile website:

Allows you to utilize all of these prescription management tools on your Smartphone, iPad or other handheld device.

Need more information?

Call the toll-free member phone number on the back of your health plan ID card. Representatives are available to assist you 24 hours a day, seven days a week.



myuhc.com



myuhc.com

If you currently have UnitedHealthcare pharmacy benefits administered by Medco, OptumRx™ Mail Service Pharmacy will be the mail order pharmacy for new business after January 1, 2012, and for current UnitedHealthcare customers after their transition to OptumRx pharmacy benefit services in 2013.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health plan coverage provided by or through a UnitedHealthcare company. OptumRx, Inc. is an affiliate of UnitedHealthcare Insurance Company.

Included in Kit #104-0009

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104-0001 7/12 Consumer